

## Speakers Profile - Louw Breytenbach – Mental Health Ambassador and Media Personality (Johannesburg Based)




**ACTIVIST, AUTHOR, ENTREPRENEUR**  
*Louw Breytenbach*

**ABOUT**

Louw Breytenbach is a **media personality** and an avid activist of Mental Health and queer rights. He is the national representative for OUT&PROUD.

In business he is a leading **entrepreneur** with several acting and public speaking training studios across South Africa. He is a two-time published author, a **TV presenter** and a **Mental Health Ambassador**. He is also the spokes person for GATE OF HOPE & Future Steps Charities.

**ELSEWHERE**

IG: @louwbreytenbach02  
YouTube - Louw Breytenbach

Louw has also been featured in leading international publications including OUT MAGAZINE, GAY PAGES, Instinct, GMag, Huisgenoot, Beeld, The Namibian, Queerty, Rapport & Onews Australia

**WORKSHOP & MOTIVATIONAL TALK CLIENTS INCLUDE:**  
South African Breweries, ABBOTT Laboratories, Polestar Sweden, Queer Dialogues, as well as various schools

**The Louw-Down on Depression**



**SOCIAL MEDIA STATS**

**Facebook Verified**  
16,4K+ Facebook followers  
10K+ Twitter Followers  
26.2K+ Instagram Followers

**Audience:**  
50% South African, 11.2% USA, 9.2% France, 7.3% United Kingdom

81% MALE / 17.8% FEMALE  
Age Range 25-34 - 41.8%  
Age Range 35-44 - 23.9%  
Age Range 45- 60+ - 17.6%

To book, **Louw Breytenbach as your motivational speaker contact:**

**Alan Brand**  
**POSITIVELY ALIVE** <sup>cc</sup>  
Employee Wellness Consultant and Specialist Trainer  
CK2010/00285/23



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